

THE CRITICS' CHOICE

Activity Five

What would you decide?

Students are given a problem to solve or an issue to consider surrounding the use of tobacco. Students use the 'decision making' flow chart below to reduce the harm associated with this drug.

Scenario one: You've got your first job working as an intern in an office building. The job pays well and it's good work experience, but many of the older colleagues go for regular smoke breaks and ask you to join. You often come home smelling like smoke. Is keeping the internship more important than worrying about secondhand smoke?

Scenario two: Your best friend smokes and they know that you are strongly against it. You attend a party together where you don't know anyone else and there are other smokers. Your friend leaves you on your own to join the other smokers outside. You're left on your own inside, so you think about going to join your friend. Is being with your friend more important than worrying about the secondhand smoke you will breathe in?

1. State the problem or decision
2. Gather all of the information
3. Examine the possible choices
4. Consider the possible consequences
5. Decide and act
6. Reflect and evaluate your decision

